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Courses will be in-person, by Zoom video conferencing, Hybrid (in-person & Zoom) and WhatsApp depending on Covid-19 restrictions at the time. The Zoom links will be emailed the day before the session.

MONDAY

211CAF01: Current Affairs

Weekly in-person and via Zoom

Mondays 15 February – 6 December 10:00-12:00

Toorak South Yarra Library/Zoom V3

Tutor/Leader: Myra Mortensen-Williams

Join a vibrant group in interactive discussion of current affairs, international, national and local events. Occasional guest speakers, welcome participation in Q & A. Venue: At the Toorak/South Yarra Library subject to prevailing Covid restrictions with strict limits on numbers. Also via Zoom for those not attending the Library. Entrance via front door of Library only, at 10am. Members must check-in via the Services Victoria App and bring their own drink. The sessions will run through the year with no break.

This course runs all year so there is no need to re-enrol in Semester 2.

211LAN01: French Literature and Conversation

Weekly sessions in-person

Mondays 26 July – 22 November 10:00 – 11.30

Rooms 2&3

Tutor/Leader: Elizabeth Sprigg Limit 10

A course for those who have studied French and wish to maintain and build skills and knowledge of the language. We read extracts from literature and poetry, as well as articles from journals and the internet. Grammar points are reviewed and as requested by class members. All are encouraged to participate, ask questions and make suggestions. Small group conversation takes place in breakout rooms. Email is used for written work. Prerequisites: Intermediate to advanced level of French. Grammar book: Schaum's French Grammar.

In-person classes at Valetta Street but will revert to Zoom V2 subject to any Covid lockdown. There is no need to re-enrol in Semester 2.

211ART01: Enhance and Grow the Artist in You

Weekly in-person

Mondays 26 July – 22 November 2:00 - 3:45

Rooms 2-3/Zoom V2

Limit 10

Tutor/Leader: David Pincus

The course encourages participants to take their visual art practice to a higher level with a strong emphasis on individual "hands on" effort, supported by guidance, occasional instruction & demonstrations and constructive criticism. The objective being for each to enhance and to enjoy producing their unique works. All are encouraged (but not obliged) to move beyond their "comfort zone", to experiment with pencil, pastel, charcoal, soluble carbon, ink, watercolour and mixed media. Participants should have some experience and confidence in the use of some of the media outlined and be prepared to contribute actively to the group in a collegial environment.

In-person classes at Valetta Street but will revert to Zoom V2 subject to any Covid lockdown. There is no need to re-enrol in Semester 2.

211FIL01: Film Discussion Group B

Monthly in-person and via Zoom

Mondays 26 July, 23 August, 27 September, 25 October, 22 November 2:00pm - 3:30pm

Room 1/Hybrid Zoom V3

limit 14

Tutor/Leader: Andrew

Three films, viewed independently, will be discussed by the group each month. At the end of the meeting the group will decide the films for the next session. The group will be notified of the films to be discussed at the first session. In-person sessions at Valetta Street with some joining by Zoom, depending on prevailing Covid restrictions.

This course is now year-long so there is no need to re-enrol in Semester 2.

214FIL01: Film Review Group A

Monthly in-person and via Zoom

Mondays 2 August, 6 September, 4 October, 1 November 2:00 - 3:30

Room 1/Zoom V3

limit 10

Three films are selected for discussion at each session and are viewed in the member's own time. Members will be notified of the first three films in time for the first session.

In-person sessions at Valetta Street and hybrid with Zoom V3.

211TRA02: Red centre trekking highlights Australia

1 session in-person and via Zoom
Monday 16 August 10:00 - 11:30am
Room 1/Zoom V1
Tutor/Leader: Peter Ward

Trekking highlights in Australia's red centre. Come and explore some of the highlights of walking on the Larapinta Trail in the West McDonnell ranges near Alice Springs, then Kings Canyon, Uluru and Kata Tjuta. This area has abundance of spectacular scenery, stunning walks and well worth while visiting for many weeks.

This is a hybrid session with 18 members allowed in Room 1 and the remainder will attend via Zoom.

211LIT01: Book Discussion Group A

Monthly in-person and via Zoom
Mondays 16 August, 20 September, 18 October,
15 November 2:00 - 3:45
Location: Room 1/Hybrid Zoom V3 limit 13
Tutor/Leader: Mary Heinemann

The group chooses one book to be discussed each month and members volunteer to lead the discussion. Members will be advised of the books to be discussed in each session.

This is now a year-long course so there is no need to re-enrol in Semester 2.

211SCI02: "The Cloud"

1 session in-person and via Zoom
Monday 13 September 10:00am - 11:30am
Zoom V1
Tutor/Leader: Matthew Yarnold

Information about Cloud technology. Service providers & options. How to access & use Cloud services. Cloud services used in everyday life.

This is a hybrid session with 18 members allowed in Room 1 and the remainder will attend via Zoom.

211SCI01: Pick a Plant

3 sessions in-person and via Zoom
Mondays 27 September, 11 October, 25 October
10:00 - 11:30
Room 1/Zoom V1
Tutor/Leader: Anthony Ash

Continuing in the successful style of our previous Pick a Colour, Pick a Dish and Pick a Tune, this time we are going with the challenge to Pick a Plant - whatever sort of plant that springs to your mind and interest! Variety is the spice of life - so are some plants. Contributions can be short or long, from informal comment to a talk with AV illustration - your choice. Once it is decided, the ideas for each session will be advertised in advance.

This is a hybrid session with 18 members allowed in Room 1 and the remainder will attend via Zoom.

TUESDAY

212GAM01: Chess Partners

Weekly in-person
Tuesday 5 January – 7 December 9:30 - 12:00
Rooms 2&3/Zoom V1
Tutor/Leader: Ken Ray

How is your memory? Train your brain - play chess. If you have ever played chess, join our group - refresh and improve your knowledge. Our ages are 60 to 96 years. This vibrant group is back playing face-to-face at U3A but will revert to Zoom if Covid restrictions are re-imposed. Tom Nadebaum kindly hosts the Zoom meetings.

212LAN01: French Conversation via Zoom

Weekly via Zoom
Tuesdays 26 July – 23 November 10:30 – 12.00
Zoom V3
Tutor/Leader: Sue Majewski Limit 20

Have you had enough of Covid-19 and isolation? Then this group may be for you. If you would like to join us for a chat, share and grow your French conversational skills in a friendly group via Zoom, then this group may suit you! All participants need to have an intermediate or conversational level of French and be able to work Zoom and be prepared to share their skills.

Intermediate or conversational level of French

212HIS02: Comparative Religion

Weekly via Zoom and in-person visits
Tues 27 July-16 November 2:15pm -3:45pm
Zoom V1
Tutor/Leader: Albert Isaacs

Lectures about aspects of different religions to be supplemented by visits to places of worship.

- 27 July - Zoroastrianism (Albert Isaacs)
- 3 August - Jewish Language (Albert Isaacs)
- 10 August - Jewish Languages Part II (Albert Isaacs)
- 17 August The Workings of the Council of Christians and Jews in Victoria (Liz Parker)
- 24 August - Virtual visit to St Patrick's Cathedral via Zoom (David Schütz)
- 31 August - Pilgrimage (David Schütz)
- 14 Sept - The Samaritans (Albert Isaacs)
- 21 Sept - The Real Meaning of Sharia Law (Sheikh Riad Galil)
- 28 Sept - The Diverse Variety Within Christianity (Rev'd Graham McAnalley)
- 5 Oct - Interesting Items in the Jesuit Archives (Liz Parker)
- 12 October - The Four "F" Words: Faith, Food, Feasts, Fasts (Rita Erlich)
- 19 October - The History of Religion in Australian Broadcasting (Albert Isaacs)
- 26 October - Visit to the Sikh Gurdwara (temple), Blackburn (Gurdarshan Sing Gill)
- 9 November - Events that led up to the establishment of the Uniting Church in 1977 (Ed Carter)
- 16 November - Meditation (Jerry Winston) *(new)*
- Date TBA - Visit to St Patrick's Cathedral (David Schütz)
- Date TBA - Visit to All Saints Anglican Church, East St Kilda

212TRA03: Canning Stock Route**1 session in-person and via Zoom****Tuesday 27 July 10:00 - 11:30****Zoom V2****Tutor/Leader: Paul Clayton**

The Canning Stock Route, its history & travelling the 1,800kms by 4WD.

This is a hybrid session with 18 members allowed in Room 1 and the remainder will attend via Zoom.

212HEA08: The Smile**1 session in-person and via Zoom****Tuesday 27 July 12:00 - 1:30pm****Room 1/Zoom V2****Tutor/Leader: Prof Louis Roller**

Everybody smiles. But, what is a smile? What is/are its function(s)? Is the smile always a positive thing?

Do animals smile?

This talk will describe the history of the smile and attempt to answer the above questions.

This is a hybrid session with 18 members allowed in Room 1 and the remainder will attend via Zoom.

212MUS01: Great Music: a journey**Fortnightly in-person****Tuesday 3 August – 23 November 12:30 - 2:00****Room 1****limit 18****Tutor/Leader: Harry Wenig**

What is great about great music? These sessions provide an exploration of the many factors in the creative process.

A return to in-person sessions subject to Covid restrictions.

WAIT LIST ONLY**212HEA09: The Story of Lithium****1 session in-person and via Zoom****Tuesday 24 August 12:00 - 1:30pm****Room 1/Zoom V2****Tutor/Leader: Prof Louis Roller**

What is lithium? What is it used for? Where does John Cade fit into the story? Is it still used in treating bipolar disease (manic depression)? How does it work? What are its side effects, interactions and contraindications?

This is a hybrid session with 18 members allowed in Room 1 and the remainder will attend via Zoom.

212TRA04: Armchair Travel-European Merry-Go-Round**1 session via Zoom****Tuesday 7 September 10:00 - 11:30am****Zoom V3****Tutors/Leaders: Ian Singleton and Elspeth Ferguson**

Join Ian and Elspeth as we visit some cities/places slightly away from the major tourist trails. We'll begin in Portugal in the magic wonderland that is Sintra, enjoy the wines from the Douro Valley, visit Ghent in Belgium and then on to Strasbourg and Colmar in Alsace and Bern, capital of the Swiss Confederation. Finally to Germany and Bamberg, Limburg am der Lahn Wurzburg and Nuremberg.

212TRA05: The Evolution of Persian Architecture**1 session via Zoom****Tuesday 14 September 10:30am - 12:00pm****Zoom V1****Tutor/Leader: Frank Devlin**

The Evolution of Persian Architecture in Iran and Uzbekistan 330 CE to 1850 CE. From beginnings in Jerusalem and Damascus we'll trace the evolution of Persian architecture in the mosques, madrasas and mausoleums of Bukhara, Samarkand, Yazd, Natanz, Kerman, Shiraz and Esfahan. We'll cover the mighty Umayyad, Seljuk, Timurid and Safavid dynasties in the Levant and modern-day Uzbekistan, culminating in Iran where Persian architecture and ceramics reached their sublime peak with the Safavids mid-17th century. Their buildings have an incomparable lightness of touch and almost ethereal grace.

212HEA11: Nausea and Vomiting**1 session in-person and via Zoom****Tues 21 September 12:00 - 1:30pm****Room 1/Zoom V2****Tutor/Leader: Prof Louis Roller**

Nausea and vomiting are not diseases, but rather are symptoms of many different conditions, such as infection ("stomach flu"), food poisoning, motion sickness, overeating, blocked intestine, illness, concussion or brain injury, appendicitis and migraines. This talk will explore these areas.

This is a hybrid session with 18 members allowed in Room 1 and the remainder will attend via Zoom.

212HIS03: Minoans Myceneans and Ancient Greece**1 session via Zoom****Tuesday 28 September 10:00am - 11:30am****Zoom V3****Tutor/Leader: Dr Nick Vlahogiannis**

Minoans and Myceneans: the Bronze Age of ancient Greece.

Known mostly through mythology as a time of heroes, these civilisations left an indelible presence on mainland Greece, the Aegean and wider Mediterranean. The talk will examine the history and culture of the Minoans and Mycenaeans: the archaeologists who unearthed their remains; their political and economic reach; their cultural influence.

212WAL06: WALK - Fitzroy Gardens and East Melbourne**Tuesday 5 October 10:00am - 12:00pm****Leader: Ken Pakes****limit 20**

Outline of the Walk: Visit Fitzroy Gardens, Cooks Cottage, and the homes of Frank Baker (Federici) Constance Stone (Austrian First Female Doctor) Eugene von Guerard and Alan Lindsay (Both artists) and many more.

Meeting arrangements: Meet at the station exit on the corner of Spring St. & Bourke St. at 10.00am. A reminder email will be sent a week before the walk.

212HEA10: Irritable Bowel Syndrome (IBS)**1 session in-person and via Zoom****Tuesday 5 October 12:00 - 1:30pm****Room 1/Zoom V2****Tutor/Leader: Prof Louis Roller**

Irritable bowel syndrome ((IBS)) is a common disorder that affects the large intestine. Signs and symptoms include cramping, abdominal pain, bloating, gas, and diarrhoea or constipation, or both. IBS is a chronic condition that you'll need to manage long term. Only a small number of people with IBS have severe signs and symptoms. Some people can control their symptoms by managing diet, lifestyle and stress. More-severe symptoms can be treated with medication and counselling.

This talk will address this common condition and treatments).

This is a hybrid session with 18 members allowed in Room 1 and the remainder will attend via Zoom.

212 SOC03: Open Day at U3A**Tuesday 12 October 10.00 – 1.00****Leader: Elizabeth Brown****limit 20****Location: 1-3 Valetta Street, Malvern**

As part of Seniors' Festival activities, U3A Stonnington is inviting people from the community to drop in to experience U3A Stonnington in action, meet some members, learn about the wide variety of activities that we offer, and find out what will suit them, and how to join us.

Tell your friends about this - bring your non-member friends along. A Covid-Safe morning tea will be provided. Please come along to be a part of this!

212WAL04: WALK Historic Industries of Middle Park**Tuesday 19 October 10:00am- 2:00pm limit 12****Leaders: Ian Singleton and Elspeth Ferguson**

Middle Park is one of Melbourne's most pleasant suburbs, located between the Bay and Canterbury Road. It is a Conservation Area under the register of the National Estate, described as having mainly Edwardian dwellings, wide streets with mature trees and bluestone kerbs and double story shops around the old Middle Park station. In days gone by there were many dairies and small manufacturing businesses tucked away in back streets and some buildings remain and many have been converted into dwellings. This walk (flat and about 4km) will provide an introduction to the area, as we view some of these establishments and enjoy the ambience of the area in general.

Meeting time and place: Meet by 10.00am at the Corner of Patterson and Langridge Streets Middle Park. The walk will end approx 1.5 hours later at Corner of Mills and Herbert Streets. There is plenty of free all day and 2 hour parking close to the start. You can also use public transport- Collins Street Tram #12 (St Kilda - Fitzroy Street) and alight at Stop # 139 in Patterson Street, Stop #134 is at the end of the walk. If you park at the start it is an easy stroll or tram ride back to the start. More importantly there is a wide range of coffee shops in Armstrong Street. A reminder email will be sent a week before the walk.

212HEA12: Post Traumatic Stress Disorder (PTSD)**1 session in-person and via Zoom****Tues 19 October 12:00 - 1:30pm****Room 1/Zoom V2****Tutor/Leader: Prof Louis Roller**

Post-traumatic stress disorder (PTSD) is a particular set of reactions that can develop in people who have been through a traumatic event which threatened their life or safety, or that of others around them. This could be a car or other serious accident, physical or sexual assault, war or torture, or disasters such as bushfires or floods. As a result, the person experiences feelings of intense fear, helplessness or horror. This talk will investigate this difficult area.

This is a hybrid session with 18 members allowed in Room 1 and the remainder will attend via Zoom.

212WAL05: WALK- Greenmeadows Gardens/St Kilda East

Tuesday 26 October 10:00am - 12:00

Leader: Denise Nadebaum limit 12

The St Kilda East area was part of the lands of the Boon Wurrung tribe of Indigenous Australians before being first settled by Anglo-British settlers in the 1850s. It is a vibrant, multicultural area with a large Jewish population about 6 kms from central Melbourne with a mixture of high-density housing and homes on medium to large blocks and has an interesting and eclectic history. Join Denise Nadebaum on an historical walk around Greenmeadows Gardens grounds, featuring two National Trust Home and Garden, the Rabbinal College of Australia, New Zealand and several other buildings of interest. Learn about some of the influential residents of the area such as William George Lempriere, Frederick Sheppard Grimwade and Alexander Robertson and how some of the large estates in the area were subdivided and are now being used. The 3.5 km walk will take approx. 1.5 hrs and refreshments will be provided afterwards at Denise's home.

Meet on the SE corner of Orrong & Balaclava Roads at 10am (near the tram shelter). Trams 16 (Kew to Melb Uni) and Tram 3 (East Malvern to Melb Uni) Stop 43, Bus Route 604, Gardenvale to Alfred Hospital). Finish nearby in Lempriere Avenue, East St Kilda. There is carparking in the surrounding streets. A reminder email will be sent a week before the walk.

212MUS02: Jewish Liturgical Music

2 sessions in-person and via Zoom

Tuesdays 9 and 16 November 10:00 - 11:45

Room 1/Zoom V3

Tutor/Leader: Adrian Bartak

Session 1 - the nature of the Jewish religious service in the synagogue and an account of the activities which occur such as (a) Cantorial renditions, (b) Scriptural content, (c) Choral music.

Session 2 - the different occasions of religious worship and the variations in service content. The emphasis will be on the Orthodox Jewish service.

This is a hybrid session with 18 members allowed in Room 1 and the remainder will attend via Zoom.

212WAL07: WALK - The Red Light District of Little Lon

Tuesday 9 November 10:00 - 12:00

Little Lonsdale St, Melbourne limit 20

Leader: Ken Pakes

The Territory of Madame Brussels and Friends. In the 1880's prostitution was legal and there were numerous premises in the surrounding area. 8 of these brothels were owned by the notorious Madame Brussels which we will visit, plus some others.

Meeting arrangements. Meet at the Train exit on the corner of Spring and Bourke Streets. at 10.00am. A reminder email will be sent a week before the walk.

212HEA13: Urinary Tract Infections (UTIs)

1 session in-person and via Zoom

Tuesday 16 November 12:00 - 1:30pm

Room 1/Zoom V2

Tutor/Leader: Prof Louis Roller

A urinary tract infection (UTI) is an infection in any part of the urinary system, the kidneys, ureters, bladder and urethra. Most infections involve the lower urinary tract — the bladder and the urethra. This talk will describe the causes, symptoms and treatment of these common conditions.

This is a hybrid session with 18 members allowed in Room 1 and the remainder will attend via Zoom.

WEDNESDAY

213CAF01: Daily Interactive Current Affairs

Online using WhatsApp

Daily postings 17 February – 24 November

Tutor/Leader: Ron James

Ron's daily interactive Current Affairs group discusses political, social and other topics around the clock. All members have the opportunity to participate - to respond, or post articles or other items of interest at any time, as they wish. This group uses WhatsApp for communication to members. Daily Posting from 8am.

This course runs all year so there is no need to re-enrol in Semester 2. PLEASE NOTE: If you need help enrolling online using U-MAS, please contact the U3A Office on 9500 1288 or email mail@u3astonnington.org.au and assistance will be provided. Note: this course is in addition to the weekly Wednesday morning in-person/Zoom session also run by Ron James.

213CAF02: Wednesday Current Affairs

Weekly sessions in-person and via Zoom

Wednesdays 28 July– 24 November 10:00-12:00

Room 1/Zoom V1

Tutor/Leader: Ron James

Engage in current up-to-date social and political topics and share your opinion, experiences and ideas in this interactive class.

This course will be in-person with 18 in attendance in Room 1 and the remaining joining via Zoom. Should any vacancies occur, members will be notified.

This course is separate from Ron's daily interactive online Current Affairs course via WhatsApp.

213ART01: Drawing**Weekly in-person****Wednesday 28 July - 24 November 10:00 - 12:00****Rooms 2&3 limit 8****Tutor/Leader: Bruce Gifford**

This course includes drawing and other media projects will be organised, sometimes including watercolour. Profiles of individual artists are discussed from time to time, as well as other topics of artistic interest. The work of the group is displayed regularly in the foyer.

Maximum of 8 in the room due to Covid-safe regulations.

213GAM02: Scrabble**Weekly in-person****Wednesday 28 July–24 November 10:00- 12:00****Room 4 limit 4****Tutor/Leader: Marlene Polska**

Improve your vocabulary and word skills and enjoy playing this stimulating game!

4 players maximum due to Covid-safe regulations.

213LIT01: Poetry Pilgrims**Fortnightly via Zoom****Wednesdays 28 July – 17 November 12:30-1:45****Zoom V2 limit 20****Tutor/Leader: Anne McQueen-Thomson**

Anne will lead this poetry discussion group by video conferencing (Zoom). (It is not creative writing). We read and discuss a variety of poems from a variety of authors and from different eras. Our explorations include the context of each poem, something of the author's background and the strengths and weaknesses and style of each poem. We will advise in advance the poems for each session. Our hope is to learn something of the world of poetry, to become more open to taking pleasure in different kinds of poems and more articulate in discussing our reactions, all in a relaxed and congenial atmosphere.

This is a Zoom only course. If you are already enrolled, you don't need to re-enrol in Semester 2.

213HIS05: History of Broadcasting in Australia**1 session in-person and via Zoom****Wednesday 28 July 2:00pm - 3:30pm Room****1/Zoom V1 limit 18****Tutor/Leader: Albert Isaacs**

When did radio commence in Australia? What world-wide events led up to the first Australian broadcasts? Did you know that, at one stage there were broadcasts, submitted over the telephone? What was the "Sealed Set System" that was unique to Australia? Are you aware that Australia had public mobile stations, broadcasting from trains, from trucks and even from ships? How did World War II and censorship affect broadcasting? How did the introduction of television, and the invention of the transistor, both in the 1950s, change radio broadcasting? What dramatic changes to broadcasting have taken place over the last few years, and what is still evolving.

This is a hybrid session with 18 members allowed in Room 1 and the remainder will attend via Zoom.

213GAR01: Gardens of Normandy and West Scotland**2 sessions via Zoom****Wednesdays 4 and 11 August 10:00 - 11:30****Zoom V3****Tutor/Leader: Suzanne Collings**4 August - Gardens of Normandy

Normandy is known for its rich farming land and for producing William the Conqueror but it has also got some lovely gardens! In this session we will look at 4 beautiful gardens covering different styles – formal French gardens, informal relaxed English gardens, and some which are hard to classify, all located in the north of the region, quite near the coast.

11 August - Gardens of Western Scotland

The gardens of western Scotland benefit from the effect of the warm Gulf Stream and a very high rainfall, and grow a wide range of plants and trees which you might not expect to find so far north. The session includes 5 gardens in Scotland and 3 on the other side of the UK in Northumberland – very different growing conditions but fascinating gardens.

213SOC01: Conversations: members' choice**4 monthly sessions via Zoom****Wednesdays 4 August, 1 September, 13 October, 10 November 12:30 - 1:45****Zoom V2****Tutor/Leader: Anthony Ash**

Outline of the talk: We meet every month to discuss a topic. The topic can be anything at all, current, historical, artistic, science. You can come to sessions of interest. BUT this year there is a condition: Please be prepared to lead a discussion in something- it's not as scary as it sounds! It doesn't mean preparing fancy Power Point slides, it might mean some photos or perhaps an object, or just words. 10 minutes or an hour or so – your choice. Anything goes. Below is a list of possibilities... or please invent your own topic! We will make a calendar of topics so everyone can think about the next session to nourish the discussion. The history of Australia Post Lighthouses of Victoria/Australia How to grow ... How to make ... Kites types, history uses Homing pigeons/carrier pigeons Money; coin or card or ... bitcoin Water Coffee Chocolate Poison The dark web Shells Snails ... Flowers.

213SOC05: Is recycling the answer?**1 session in-person and via Zoom****Wednesday 11 August 2:00 - 3:30****Room 1/Zoom V1****Tutors/Leaders: Alice Trumble and Martin Drerup**

Alice Trumble will present an overview of waste management, including recycling, that occurs in the City of Stonnington. Martin Drerup will then lead a discussion about the complexities of recycling.

This is a hybrid session with 18 members allowed in Room 1 and the remainder will attend via Zoom.

213HIS04: The Jews of Spain: What Happened?**6 sessions via Zoom****Wed 18 August – 6 October 2:00pm - 3:30pm****Zoom V1****Tutor/Leader: Assoc Prof Peter Schattner**

Six lectures, including 3 expert guest lecturers, audience discussion and readings.

18 August - The origins of Spanish Jewry

25 August - The early Golden Age of Spanish Jewry

1 September - The later Golden Age

22 September - Decline and expulsion

29 September - Spanish Jews to East and West

6 October - Sephardi (Spanish) Jews today

Why attend this series? Because you might be wondering.... When did Jews first arrive in Spain? Who were the Visigoths, and the Umayyad and Abbasid empires? When was the Jewish 'golden Age' of Spain? What contributions did the Jews make in science, philosophy, religion, poetry and literature during this Golden Age? Who were the main characters who made these contributions? What was the Spanish Inquisition? Why were the Jews expelled in 1492? What happened to the Jews of Spain after the expulsion? Specifically, what was their contribution to the New World and to Moslem lands? What has been the cultural and political contribution of Sephardi Jews to the modern world, including Israel in Australia?

213TRA04: French food and places**1 session via Zoom****Wednesday 29 September 10:00 - 11:30am****Zoom V3****Tutor/Leader: Suzanne Collings**

Suzanne will treat us to a delectable display of French food and places visited in a gastronomic paradise.

213SOC03: A miscellany of talks Series 1**1 session in-person and via Zoom****Wednesday 13 October 2:00pm - 3:30pm****Room 1/Zoom V1****Tutor/Leader: Dr James Keipert**

The following topics will be addressed during this session - 1. The Federal Government's and ASIO's changes towards a totalitarian state. 2. Similarity between the Spanish 'flu and Covid pandemics 3. Some things were better in education and mental health 70 years ago. 4. The difficulties in making personality disorder a mitigating factor for criminal sentencing.

This is a hybrid session with 18 members allowed in Room 1 and the remainder will attend via Zoom.

213WAL01: WALK - Royal Park Parkville**Wednesday 3 November 10:00 - 12:00****Leader: Elizabeth Brown****Limit 12**

Royal Park is the largest of Melbourne's inner city parks and has a long history. It is located in Parkville, 4 kilometres north of the Melbourne CBD. We will explore a part of this expansive area, including grassland, and an area that in the relatively recent past was a carpark for the Children's Hospital, but is now a thriving garden. With luck, we will also see native birds. Please bring your own refreshments - there are no conveniently located cafes. Please meet at the park side of the (north) corner of Flemington Road and Gatehouse Street by 10 am. Travel to the meeting point is probably most convenient by tram from Flinders Street Station to stop 16. There is on-street carparking, but is likely to be tight for spaces.

A reminder email will be sent a week before the walk.

213SOC04: A miscellany of talks Series 2**1 session in-person and via Zoom****Wednesday 24 November 2:00pm - 3:30pm****Room 1/Zoom V1****Tutor/Leader: Dr James Keipert**A list of the topics:

1. The surprising reticence to introduce the masks for the pandemic.
2. Did President Trump have neurological complications from his Corona Virus infection?
3. The surprising dramatic drop in crime rates in Australia in the past two decades.
4. Why did the American people elect President Trump?

This is a hybrid session with 18 members allowed in Room 1 and the remainder will attend via Zoom.

THURSDAY**214LAN01: A taste of Intermediate German****Weekly in-person and via Zoom****Thursdays 24 June -25 November 10:00 - 11:30****Rooms 2&3 and Private Zoom limit 14****Tutor/Leader: Dr Judy Hajdu**

This is a short course introducing Studio A2.1 which will be the basis for revision and the introduction of new language. We will converse in German about our weekly activities and events in Germany. Bring along a sense of fun so we can play games to practise German constructions. You will also have to do some writing exercises, possibly as homework, to reinforce what we learn in class. These will be submitted by email. It is assumed that students have already mastered some basic German. The book will be available at the bookshop Languages International in Station Street, Kew.

Basic German No classes during school holidays. This course runs throughout the year, apart from designated breaks so there is no need to re-enrol in Semester 2. This course will be in-person, CovidSafe restrictions permitting.

214ART01: Cooperative Painting Group**Weekly in-person****Thursdays 29 July – 25 November 12:00 - 2:00****Room 1 limit 15****Tutor/Leader: Penny Jansen**

Penny will facilitate this painting group, which will include sketching, watercolour and other media. There will be peer critique and discussion. All are welcome, from beginners to experienced.

214TRA02: On the Ghan from Darwin to Adelaide**1 session via Zoom****Thursday 29 July 2:00 - 3:30pm****Zoom V1****Tutor/Leader: Ken Pakes**

Enjoy a holiday in Darwin and return home on the Ghan.

214LIT01: Journal Writing for Mindful Living**1 session via Zoom****Thursday 5 August 2:00 - 3:30****Zoom V1****limit 30****Tutor/Leader: Ingrid Jane Jones**

Journal writing is an incredible way of looking after your wellbeing. It gives you the chance to work through what's on your mind, self-reflect and then be inspired by your own thoughts. This journal writing class will take you step-by-step giving you an easy to use structure that guides you to embrace your emotions (including those unwanted ones like stress, anger and frustration), gain clarity and return to feeling grounded and clear.

This course is repeated on Friday 10 September at 10.00am. (215LIT02)

214HIS03: Wartime Spain and a Melbourne Connection**1 session in-person and via Zoom****Thursday 12 August 2:00pm - 3:30pm****Room 1/Zoom V1****Tutor/Leader: Albert Isaacs**

This presentation looks at a Hunger Strike by internees at a Spanish Concentration Camp during World War II. Although Franco's Spain was officially neutral during the War, there were many connections between the Camp and the Nazis. We also see how Winston Churchill became involved as a result of the hunger strike. One of the internees later came to Melbourne – how did he get into the camp and how did he eventually settle in Melbourne?

This is a hybrid session with 18 members allowed in Room 1 and the remainder will attend via Zoom.

214MUS02: Where to from a music degree**1 session in-person and via Zoom****Thursday 19 August 2.00-3.30****Room 1/Zoom V1****Tutor/Leader: Dr Kay Stevens**

'Start with a music degree and see where it takes you'.

In the 70s and 80s there were few roles for music graduates other than teaching or performing. Nevertheless the breadth and depth of a music course provides skills and experiences that are transferable to other career paths. Kay will outline the various roles she has undertaken in her multi-disciplinary career which have brought her great personal and professional satisfaction. She will briefly outline the careers of other music graduates who have pursued quite different vocational pursuits and as a result have contributed significantly to social, political and economic life outside the world of music.

This is a hybrid session with 18 members allowed in Room 1 and the remainder will attend via Zoom.

214SCI02: Light and its Tricks**3 sessions in-person and via Zoom****Thursday 26 August, 2 & 9 September 10:00-11:30****Zoom V1****Tutor/Leader: Anthony Ash**

26 August Tricks OF the light

2 September Tricks WITH the light

9 September Tricks FOR the light

Light is all around us. It provides us with warmth and food, it lights our way and keeps us safe. Sometimes it is an enemy, like sunburn or dangerous like some laser beams. But it also charms us, like a colourful sunset. Or we can enjoy theatrical tricks like Pepper's Ghost. Light can be used in manufacturing, such as fabric or even through steel. Let me show you some of its wonders. Nothing scary, no prior knowledge.

These are hybrid sessions with 18 members allowed in Room 1 and the remainder will attend via Zoom.

214WAL04: WALK - Burnley Gardens in Spring**Thursday 7 October 10:00am - 12:00pm****Leader: Elspeth Ferguson****Limit 14**

One of Melbourne's hidden gems, the Burnley Gardens were established in 1863 and are on the Victorian Heritage Register. They are historically, horticulturally and aesthetically significant. The gardens cover nearly 10 hectares and special mention is made of 7 trees and three buildings. The gardens are a part of Melbourne University School of Horticulture. Join Elspeth (a Burnley graduate) for a walk through these magnificent gardens to view and discuss the diverse range of plants. The walk is flat and on paved surfaces. Here is a chance to see the gardens at their spring time glory.

Bring a sandwich to enjoy lunch together, at a very special huge table made after the death of an enormous Sugar Gum. Meet by 10 am at the Swan Street entrance, by a blue and white Burnley Gardens sign, 100 metres east of tram stop #18 on Flinders Street tram #70, destination "Wattle Park". Just over the river from Leonda. Melway ref: 45A12. Paid car parking on Yarra Boulevard either 2 hour or unlimited. We suggest, however public transport as above - #70 tram to Wattle Park to stop #18. A reminder email will be sent a week before the walk.

214WAL05: Woodcraft in Middle Park Architecture**Thursday 11 November 10:00 - 12:00****Leader: Ian Singleton and Elspeth Ferguson****Limit 12**

Whilst some parts of inner Melbourne are noted for their cast iron decoration Middle Park is equally noted in having timber based decoration on its houses. Timber commonly replaced cast iron after about 1895 the period when most of Middle Park houses were built. On this flat, pleasant walk about 1.5 hours we will view good examples of timber decoration, as well as enjoy the area in general. We finish in Armstrong Street and its array of antique shops.

Meet by 10.00am at the Corner of Fraser Street and Canterbury Road, right opposite Stop # 131 (Fraser Street) on Tram #96 in Bourke Street, Destination St Kilda via Casino. Plenty of free 2 hour and all-day parking close to the start. We finish opposite Tram stop #130. Many coffee opportunities in Armstrong Street.

A reminder email will be sent a week before the walk.

214MUS01: Music in the service of religion**2 sessions in-person and via Zoom****Thursdays 11 and 18 November 2:00 - 3:30****Room 1/Zoom V2****Tutor/Leader: John Gregory**

This presentation will present aspects of the history of sacred music in the Christian tradition, both Catholic and Protestant, from its beginnings through to recent examples.

These sessions are hybrid with 18 members allowed in Room 1 and the remainder will attend via Zoom.

FRIDAY**215LIT01: Creative Writing****Fortnightly in-person and via Zoom****Fridays 30 July – 19 November 10:00 - 12:00****Location: Rooms 2-3/Zoom V2 limit 10****Tutor/Leader: Janet Allen**

The writers' group meets fortnightly to share members' work and comment on the effectiveness of the piece. Each member writes on a theme of personal choice or topic or technique set for that meeting. Everyone will have the opportunity to present their work regularly. In-person/hybrid sessions. Zoom only if Covid restrictions are in force.

215EXE01: Tai Chi for Beginners**Weekly in-person****Fridays 30 July – 26 November 10:00 - 11:30****Room 1****Tutor/Leader: Susan Berryman**

Basic principles and foundation exercises of Yang style Beijing 24 Form. This course is for beginners who want to learn Tai Chi and a good revision for those who have done the Beijing 24 forms. Attire: Participants should wear loose comfortable top and pants. Footwear: flat shoes or sneakers.

Class limit: to be confirmed depending on Covid precautions hence all enrollees will initially be placed on the Wait List.

WAIT LIST ONLY**215LIT02: Journal Writing for Mindful Living****1 session via Zoom****Friday 10 September 10:00 - 11:30****Zoom V1****limit 30****Tutor/Leader: Ingrid Jane Jones**

Journal writing is an incredible way of looking after your wellbeing. It gives you the chance to work through what's on your mind, self-reflect and then be inspired by your own insights. This journal writing class will take you step-by-step giving you an easy to use structure that guides you to embrace your emotions (including those unwanted ones like stress, anger and frustration), gain clarity and return to feeling grounded and clear.

215FIL02: Friday Flicks**Weekly in-person****Fridays 30 July – 26 November 1:00 - 3:30****Room 1****limit 18****Tutor/Leader: Dr Gerald Tofler**

Gerald will show films from his extensive collection of DVDs.

30 July: *The Bridge on the River Kwai* 1957 starring Alec Guinness

6 Aug: *After the Wedding* 2007 Academy Award Best Foreign Language Film of the Year nominee

13 Aug: *The Cassandra Crossing* 1976 starring Sophia Loren and Richard Harris

20 Aug: *The Bourne Ultimatum* 2007 starring Matt Damon

27 Aug: *Random Harvest* starring Ronald Colman and Greer Garson

3 Sept: *Around the World in 80 Days* (part one)

10 Sept: *Around the World in 80 Days* (part two)

17 Sept: *War and Peace* starring Audrey Hepburn and Henry Fonda

24 Sept: *Anastasia* starring Ingrid Bergman and Yul Brynner

1 Oct: *Pavarotti* documentary

8 Oct: *Anna Karenina* 1943 starring Vivien Leigh and Ralph Richardson

15 Oct: *All This, and Heaven Too* 1940 starring Bette Davis

22 Oct: *Across the Pacific* 1942 starring Humphrey Bogart

29 Oct: *Indiscreet* starring Cary Grant and Ingrid Bergman

5 Nov: *Kind Hearts and Coronets* 1949 starring Alec Guinness

12 Nov: *Quartet* 1990 starring Maggie Smith, Tom Courtenay, Billy Connolly

19 Nov: *Mrs Caldicot's Cabbage War* starring Pauline Collins

26 Nov: *Spellbound* starring Ingrid Bergman and Gregory Peck

If you cannot attend a session, please contact the office by phone 9500 1288 or by email:

mail@u3astonnington.org.au so someone on the waitlist can fill your place.